

CATHOLIC PIETY

Fernando Pessoa.



Manuel Dias

THE MANNER
OF
Catholic Piety.

AND OF THE SACRAMENTS AND SACRIFICES.

BY THE LATE
REV. WILLIAM GAHAN, O.S.A.

APPROVED BY THE
Cardinal Archbishop of Westminster

LONDON: BURNS & OATES, LD.



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With Epistles and Gospels.

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Cardinal Archbishop of Westminster

LONDON; BURNS & OATES, LD.

NIHIL OBSTAT.

JACOBUS J. GUIRON,
Censor Deputatus.

IMPRIMATUR.

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MANUAL
OF
CATHOLIC PIETY.

— 0 —
Morning Prayers.

Awaking in the morning, say,

O MY God, my only good, author of my being, and my last end, I offer thee my heart. Praise, honour, and glory be to thee for ever and ever. Amen.

At up-rising, say,

IN the name of the † Father, and of the Son, and of the Holy Ghost. Amen.

I will arise from this bed of sleep to adore my God, and to labour for the salvation of my soul. Oh, may I arise on the last day to life everlasting!

When clothed, kneel, and say,

IN the name of the † Father, and of the Son, and of the Holy Ghost. Amen.

Blessed be the holy and undivided Trinity, now and for evermore. Amen.

Come, O Holy Ghost, take possession of my heart, and enkindle therein the fire of thy divine love. Amen.

Return God thanks for his benefits.

O ETERNAL God, most holy and adorable Trinity, Father, Son, and Holy Ghost, the beginning and end of all things, in whom we live, move, and have our being, I firmly believe that thou art here present; I adore thee with the most profound humility; I praise thee; I give thee thanks from the bottom of my heart for having created me after thine own image and likeness, and redeemed me with the precious blood of thy Son; for having hitherto preserved me and brought me safe to the beginning of this day. Behold, O Lord, I offer thee my whole being, and in particular all my thoughts, words, and actions, together with such crosses and contradictions as I may meet with in the

course of this day. I consecrate them entirely to the glory of thy name, in union with those of Jesus Christ, my Saviour, that through his infinite merits they may find acceptance in thy sight. Give them, O Lord, thy blessing. May thy divine love animate them; and may they all tend to the greater honour of thy sovereign Majesty. Amen.

Resolve to avoid evil and to do good.

ADORABLE Jesus, divine model of that perfection to which all Christians should aspire, I will endeavour this day, after thy example, to be mild, humble, chaste, zealous, patient, charitable, and resigned. Incline my heart, O Lord, to keep thy commandments. I am resolved to watch over myself with the greatest diligence and circumspection, and to live soberly, justly, and piously for the time to come. I will place a guard on my mouth, and a gate of prudence before my lips, that I may not offend with my tongue. I will turn away my eyes, that they may not see vanity, and I will be particularly attentive not to relapse this day into my accustomed failings, but to struggle against them, and with thy gracious assistance, correct

them. Enlighten my mind, O Lord, purify my heart, and guide my steps, that I may pass all my life in thy divine service. Amen.

Implore the necessary grace.

THOU knowest, O God, my weakness; that I am poor and destitute; that I cannot do, nor even think, of any good without thee: arise, therefore, to my help; strengthen me with thy grace, that I may fervently execute what I have firmly resolved, and not only avoid all the evil thou forbiddest, but also perform all the good thou commandest.

Here repeat the Lord's Prayer, the Angelical Salutation, the Apostles' Creed, and the Confiteor.

Invoke the Blessed Virgin, &c.

O HOLY Virgin, Mother of God, my advocate and patroness, pray for thy poor servant; show thyself a mother to me. And thou, O blessed spirit, whom God in his mercy hath appointed to watch over me, intercede for me this day, that I may not stray from the path of virtue. St. Augustin, our glorious apostle, pray for me. And thou also, O happy saint whose name I bear, pray for me, that I may serve God faithfully in this life, as thou hast done, and

with thee glorify him eternally in heaven. Amen.

Prayer of Pope Pius VII.

MAY the most just, the most high and amiable will of the Almighty be praised and exalted in all things for ever. Amen.

LITANY OF
Our Lord Jesus Christ.

AN indulgence of 300 days was granted by rescript, dated April 28, 1864, to the faithful in England for the devout recitation of the *Litany of the Most Holy Name*, by the Holy Father Pope Pius IX., who at the same time prohibited any form but that of which the following is a translation, authorised by the Bishops.

LORD, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Jesus, hear us.

Jesus, graciously hear us.

God the Father of Heaven,

God the Son, Redeemer of the world,

God the Holy Ghost,

Holy Trinity, one God,

Jesus, Son of the living God,

Jesus, Splendour of the Father,

Jesus, Brightness of eternal light,

Have mercy
on us.

Jesus, King of glory,
 Jesus, Sun of justice,
 Jesus, Son of the Virgin Mary.
 Jesus, most amiable,
 Jesus, most admirable,
 Jesus, the mighty God,
 Jesus, Father of the world to come.
 Jesus, Angel of great counsel,
 Jesus, most powerful,
 Jesus, most patient,
 Jesus, most obedient,
 Jesus, meek and humble of heart,
 Jesus, Lover of chastity,
 Jesus, Lover of us,
 Jesus, God of peace,
 Jesus, Author of life,
 Jesus, example of virtues,
 Jesus, zealous Lover of souls,
 Jesus, our God,
 Jesus, our Refuge,
 Jesus, Father of the poor,
 Jesus, Treasure of the faithful,
 Jesus, Good Shepherd,
 Jesus, True Light,
 Jesus, Eternal Wisdom,
 Jesus, Infinite Goodness,
 Jesus, the Way and the Life,
 Jesus, Joy of angels,
 Jesus, King of patriarchs,
 Jesus, Master of the apostles,
 Jesus, Teacher of the Evangelists,
 Jesus, Strength of martyrs,
 Jesus, Light of confessors,
 Jesus, Purity of virgins,
 Jesus, Crown of all saints,
 Be merciful unto us : *Spare us, O Jesus.*
 Be merciful unto us : *Hear us, O Jesus.*
 From all evil,
 From all sin,
 From thy wrath,
 From the snares of the devil,
 From the spirit of fornication,
 From everlasting death,
 From a neglect of thy holy inspirations,
 Through the mystery of thy holy incar-
 nation,

Have mercy on us.

*Lord Jesus,
 deliver us.*

Through thy nativity,
 Through thy infancy,
 Through thy sacred life,
 Through thy labours,
 Through thy agony and passion,
 Through thy cross and dereliction,
 Through thy pains and torments,
 Through thy death and burial,
 Through thy resurrection,
 Through thy ascension,
 Through thy joys,
 Through thy glory,
 Lamb of God, who takest away the sins of the
 world: *Spare us, O Lord Jesus.*
 Lamb of God, who takest away the sins of the
 world: *Hear us, O Lord Jesus.*
 Lamb of God, who takest away the sins of the
 world: *Have mercy upon us, O Lord Jesus.*
 Christ Jesus, hear us,
 Christ Jesus, graciously hear us.

Lord Jesus, deliver us.

Let us pray.

O LORD Jesus Christ, who hast said, "Ask, and ye shall receive; seek, and ye shall find; knock, and it shall be opened unto you;" give, we beseech thee, to us who ask, the grace of thy most divine love, that with all our heart, words, and works, we may love thee, and never cease to praise thee.

Make us, O Lord, to have a perpetual fear and love of thy holy name, for thou never failest to govern those whom thou dost solidly establish in thy love: through Jesus Christ our Lord. Amen.

The Salve Regina.

HAIL to the Queen who reigns above!
 Mother of clemency and love!
 Hail, thou, our hope, life, sweetness; we,
 Eve's banished children, cry to thee.
 We, from this wretched vale of tears,
 Send sighs and groans unto thy ears;
 O then, sweet advocate, bestow
 A pitying look on us below!
 After this exile, let us see
 Our blessed Jesus, born of thee.
 O merciful! O pious maid!
 O gracious Mary! lend thy aid.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray.

O ALMIGHTY and eternal God,
 who didst prepare the body and
 soul of the glorious Mary, mother
 and virgin, that, by the co-operation
 of the Holy Ghost, she might be-
 come a worthy dwelling for thy
 Son; grant that as we rejoice in
 her commemoration, so, by her
 pious intercession, we may be de-
 livered both from present evils and
 everlasting death: through the
 same Jesus Christ our Lord.
 Amen.

The Angelus Domini.

THE angel of the Lord declared unto Mary: And she conceived of the Holy Ghost. Hail, Mary, &c.

2 Behold the handmaid of the Lord: May it be done unto me according to thy word. Hail, Mary, &c.

3 And the Word was made flesh: And dwelt among us. Hail, Mary, &c.

Let us pray.

POUR forth, we beseech thee, O Lord, thy grace into our hearts, that we, to whom the incarnation of Christ thy Son was made known by the message of an angel, may, by his passion and cross, be brought to the glory of his resurrection: through the same Christ our Lord. Amen.

Right Prayers.

IN the name of the ✠ Father, and
of the Son, and of the Holy Ghost,
Amen.

Blessed be the holy and undivided
Trinity, now and for evermore.
Amen.

Come, O Holy Ghost, fill the hearts
of thy faithful, and kindle in them
the fire of thy divine love. Amen.

*Let us place ourselves in the presence of God,
and humbly adore him.*

IMRESSED with a most lively
sense of the presence of thy eter-
nal Majesty, I most humbly adore
thee, O my Creator, my Redeemer,
and my Judge. I believe in thee,
because thou art truth itself; I hope
in thee, because thou art faithful to
thy word; I love thee with my whole
heart, because thou art worthy of my
love; and, for thy sake, I love my
neighbour as myself.

Let us return thanks to God for his favours.

ENABLE me, O my God, to return thee thanks as I ought for all thy inestimable blessings and favours.

Thou hast thought of me, and loved me, from all eternity; thou hast delivered up thy beloved Son to the ignominious death of the cross for my redemption; thou didst preserve me from falling into the abyss of eternal misery, when my sins had often provoked thee to deprive me of my life; and thou wert graciously pleased to spare me, even though I continued to offend thee. Alas! my God, what return can I make for the innumerable blessings thou hast conferred on me during the whole course of my life, and particularly for the favour of this day? O all ye angels and saints, unite with me in praising the God of mercies, who is so bountiful to so unworthy a creature.

Let us beg of God to make our sins known to us.

O ETERNAL source of light, who hast said, "Let there be light, and there was light," illuminate the darkness of my understanding, and dispel those shades of ignorance and error which conceal from me the

enormity of my offences. Discover to me, I beseech thee, all the sins I have committed this day, whether in thought, word, deed, or omission: grant me a lively sense of their wickedness, in order that I may hold them in the utmost detestation, and dread nothing so much as ever to commit them again.

Here repeat the Confiteor. After which examine diligently what sins you may have fallen into this day, by thought, word, deed, or omission; and, humbly confessing them,

Make a firm purpose of amendment.

O ALMIGHTY and eternal God, I wish, from the bottom of my heart, that I had never sinned against thee; but since I have been so unhappy, O grant me now thy grace that I may never offend thee more.

Thou has said, "I will not the death of a sinner, but rather that he be converted and live." Convert me, therefore, and I shall be converted. "Have mercy on me according to thy great mercy; and according to the multitude of thy tender mercies, blot out all my iniquities." I renounce all sin, and the occasion of it; and I firmly purpose henceforth to walk in the path of thy commandments. This fixed resolution I am determined to keep, with the assist-

ance of thy grace, purchased for me through the infinite merits of thine only Son, Christ Jesus our Lord. Amen.

Repeat the Lord's Prayer, the Angelical Salutation, the Creed, the Angelus Domini, &c.

Litany of the Blessed Virgin.

ANT. We fly to thy patronage, O holy Mother of God; despise not our petitions in our necessities; but deliver us from all dangers, O thou ever glorious and blessed Virgin.

LORD, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Christ, hear us.

Christ, graciously hear us.

God the Father of heaven,

God the Son, Redeemer of the world,

God the holy Ghost,

Holy Trinity, one God,

Holy Mary,

Holy Mother of God,

Holy Virgin of virgins,

Mother of Christ,

Mother of divine grace,

Mother most pure,

Mother most chaste,

Mother undefiled,

Mother inviolate,

Mother most amiable,

Mother most admirable,

Have mercy
on us.
Pray for us.

Mother of our Creator,
 Mother of our Redeemer,
 Virgin most prudent,
 Virgin most venerable,
 Virgin most renowned,
 Virgin most powerful,
 Virgin most merciful,
 Virgin most faithful,
 Mirror of justice,
 Seat of wisdom,
 Cause of our joy,
 Spiritual vessel,
 Honourable vessel,
 Singular vessel of devotion,
 Mystical rose,
 Tower of David,
 Tower of ivory,
 House of gold,
 Ark of the covenant,
 Gate of heaven,
 Morning star,
 Health of the weak,
 Refuge of sinners,
 Comforter of the afflicted,
 Help of Christians,
 Queen of angels,
 Queen of patriarchs,
 Queen of prophets,
 Queen of apostles,
 Queen of martyrs,
 Queen of confessors,
 Queen of virgins,
 Queen of all saints,
 Queen conceived without original sin,
 Queen of the Most Holy Rosary,
 Lamb of God, who takest away the sins of the
 world : *Spare us, O Lord.*
 Lamb of God, who takest away the sins of the
 world : *Graciously hear us, O Lord.*
 Lamb of God, who takest away the sins of the
 world : *Have mercy on us.*

Pray for us.

V. Pray for us, O holy Mother of God.
 R. That we may be made worthy of the
 promises of Christ.

Prayer.

POUR forth, we beseech thee, O Lord, thy grace into our hearts, that we, to whom the incarnation of Christ thy Son hath been made known by the message of an angel, may, by his passion and cross, be brought to the glory of his resurrection: through the same Christ our Lord. Amen.

Prayer.

BLESS, O Lord, the repose I am going to take, that by renewing my bodily strength, I may be better able to serve thee. O all ye saints and angels, but especially thou, O Mother of God, intercede for me, not only during this night and the rest of my life, but also at the hour of my death. Amen.

Te Lucis Ante Terminum.

BEFORE the closing of the day,
 Creator, we thee humbly pray,
 That, for thy wonted mercy's sake,
 Thou us into protection take.

May nothing in our minds excite
 Vain dreams and phantoms of the night;
 Our enemies repress, that so
 Our bodies no uncleanness know.

In this, most gracious Father, hear,
Through Christ thy equal Son, our prayer,
Who, with the Holy Ghost and Thee,
Doth live and reign eternally. Amen.

Prayer.

VISIT, we beseech thee, O Lord,
this habitation, and drive away
from it all the snares of the enemy.
Let thy holy angels dwell herein,
to preserve us in peace; and may
thy blessing be always upon us:
through Christ our Lord. Amen.

May the divine assistance remain
always with us. Amen.

Acts of Contrition, Faith, Hope, and Charity.

A Prayer before the Acts.

O ALMIGHTY and eternal God, grant unto us an increase of faith, hope, and charity: and that we may obtain what thou hast promised, make us love and practise what thou commandest: through Jesus Christ our Lord. Amen.

An Act of Contrition.

O MY God, I am heartily sorry for having offended thee; and I detest my sins most sincerely, because they displease thee, my God, who art so deserving of all my love for thy infinite goodness and most amiable perfections; and I firmly purpose, by the assistance of thy holy grace, never more to offend thee.

An Act of Faith.

O MY God, I firmly believe that thou art one only God, the Creator and sovereign Lord of heaven

and earth, infinitely great and infinitely good. I firmly believe that in thee, one only God, there are three divine Persons, really distinct, and equal in all things, the Father, the Son, and the Holy Ghost. I firmly believe that Jesus Christ, God the Son, became man; that he was conceived by the Holy Ghost, and was born of the Virgin Mary; that he suffered and died on a cross to redeem and save us; that he arose on the third day from the dead; that he ascended into heaven; that he will come at the end of the world to judge mankind; and that he will reward the good with eternal happiness, and condemn the wicked to the everlasting pains of hell. I believe these and all other articles which the Holy Roman Catholic Church proposes to our belief, because thou, my God, the Infallible Truth, hast revealed them, and thou hast commanded us "to hear the Church, which is the pillar and the ground of truth." In this faith I am firmly resolved by thy holy grace to live and die. (Matt. xviii. 17; 1 Tim. iii. 15.)

An Act of Hope.

O MY God, who hast graciously promised every blessing, even

heaven itself, through Jesu: Christ, to those who keep thy commandments, relying on thy infinite power, goodness, and mercy, and confiding in thy sacred promises, to which thou art always faithful, I confidently hope to obtain pardon of all my sins; grace to serve thee faithfully in this life, by doing the good works thou hast commanded, which, with thy assistance, I will perform; and eternal happiness in the next; through my Lord and Saviour Jesus Christ.

An Act of Charity.

O MY God, I love thee with my whole heart and soul, and above all things, because thou art infinitely good and perfect, and most worthy of all my love; and for thy sake I love my neighbour as myself. Mercifully grant, O my God, that having loved thee on earth, I may love and enjoy thee for ever in heaven.

Prayers at Mass.

The beginning of the Mass.

IN the name of the Father, ✠
and of the Son, and of the
Holy Ghost. Amen.

IT is in thy name, O adorable
Trinity, it is to honour thee,
and to do thee homage, that I
assist at this most holy and
august sacrifice. Permit me,
then, O Lord, to unite my in-
tention with that of thy mini-
ster now at the altar, in offering
up this precious Victim; and
give me the same sentiments
I should have had on Mount
Calvary, had I been an eye-
witness of that sacrifice of his
blood.

At the Confiteor.

I CONFESS, O my God, not only in thy presence, who seest the secrets of hearts, but also in the presence of all the blessed in heaven and faithful on earth, that I have often and grievously offended thee in thought, word, and deed, through my fault, through my fault, through my most grievous fault. Yes, Lord, I have sinned; I acknowledge to my shame, and with the most bitter regret, that I have ungratefully abused all thy gifts; and therefore I humbly beseech thee, O blessed Virgin Mary, and all ye saints and angels, to intercede for me. Vouchsafe, O Lord, to listen to them; grant to the ardour of their prayers what thou mayest justly refuse to the coldness of mine; and to their services that pardon to which my offences can have no claim.

*When the Priest is going up to
the Altar.*

UNITE, O Lord, our hearts
and wills, and remove
from us everything that may
any way make us unfit for ap-
pearing in thy sanctuary. Of
ourselves we are unworthy to
appear in thy presence; there-
fore we implore the intercession
of the saints in our behalf.
Grant to their prayers the par-
don of all our sins: through
Christ our Lord. Amen.

At the Introit.

WE beseech thee, O Lord,
that we may be truly
prepared for the offering of this
great sacrifice to thee this day.
Our sins alone can render us
displeasing to thee: we there-
fore call aloud to thee for
mercy.

At the Kyrie Eleison.

HAVE mercy on us, O Lord, and forgive us all our sins; and though we have nothing of our own to move thy goodness, let our importunity prevail: have mercy on us, O Lord, have mercy on us.

Gloria in Excelsis.

WHO is like unto thee, O Almighty God! To whom can the most unlimited tribute of honour, praise, and glory be due, either in heaven or on earth, if not to thee, the King of kings, the Lord of lords, and beneficent Creator of the universe! The angels and saints with unceasing rapture sing forth thy praises and glorify thy name in heaven; and shall not I, the work of thy hands, praise thee also on earth? Yes, O Lord! Graciously vouchsafe to accept the homage I now

pay thee, and which I intend fervently to offer thee all the days of my life.

At the Collect.

ALMIGHTY and eternal God, we humbly beseech thee to look down from thy heavenly sanctuary upon this congregation and graciously hear these prayers which thy Church addresses to thee for us by the ministry of thy priest. Grant us, in thy infinite mercy, pardon of our sins, health of mind and body, peace in our days, unity and increase of Catholic faith, fervent charity, sincere devotion, patience in suffering, and everything else conducive to thy glory and our own salvation; through Jesus Christ our Lord. Amen.

At the Epistle.

O ETERNAL God, who never ceasest to excite us to the

worship and love of thy holy name, or to arm us against the attacks of the world, the flesh, and the devil, by the public ministry of thy Church, by the doctrine of thy prophets and apostles, and by many other holy admonitions; grant we may faithfully attend to these lessons of salvation, that thus our knowledge of thy law may never rise in judgment against us, but guide us securely to thee; through Christ our Lord. Amen.

At the Gospel.

IT is not thy interpreters, O God, who are now to instruct me; it is thy only Son; it is his word I am about to hear. I most gratefully embrace this heavenly doctrine. I stand up to declare in the face of heaven and earth, that I will walk faithfully in that way which he hath marked out for me. He

tells me here that "it will avail a man nothing to gain the whole world, if he lose his own soul;" that the sensual, the covetous, the worldling, the libertine, the detractor, and such as are insensible to the miseries of the poor, shall have no share in his heavenly kingdom; and that, in order to become his disciple, I must "take up my cross and follow him." I receive with my whole heart all these sacred maxims. Grant me the grace to put them in practice; for to what purpose should I declare myself thy disciple, if I were not to live according to the maxims of thy gospel?

At the Creed.

I RETURN thee infinite thanks,
O Lord, for having given me birth in the bosom of the holy Catholic Church. The precious

gift of faith is much more dear to me than any advantage of birth or fortune. Grant that I may firmly believe all it teaches, as well what I understand as what is above my understanding. It is neither just nor possible that I, who cannot even comprehend myself, should comprehend an infinite God. By thy grace I am firmly convinced of the wisdom and sincerity of thy apostles, by whom thou hast announced these mysteries to the world. By them the world was converted; it submitted and believed them; which, if done without a miracle, must be in itself the greatest of all miracles. What more, then, can I desire? What surer grounds can I have? On these principles I rest my belief. This is the faith which to my last breath I shall profess: I firmly believe that thou art one God in three

distinct persons, the Father, the Son, and the Holy Ghost, who of nothing hast created all things. I believe, O Heavenly Father, that thy only Son, who is perfectly equal to thee, holy, powerful, and eternal as thou art, became man for love of us; suffered, died on the cross, rose again and ascended into heaven; from whence he shall come at the last day to judge the world; and that of his blessed kingdom there shall be no end. I believe in the Holy Ghost, who is also true God as thou art, proceeding from thee and thy Son: I believe that he spoke by the prophets, and that by him we are sanctified. I confess one baptism for the remission of sins. I expect the resurrection of the body, and the life of the world to come, where I firmly hope to possess thee, Lord, for ever and ever. Amen.

At the Offertory.

O HOLY Father, almighty and eternal God, how unworthy soever I may appear in thy presence, yet I presume to offer thee this Host, by the hands of the priest, with the same intention which Christ my Saviour had when he first instituted this august sacrifice, and which he now has at this instant when he immolates himself for us. I offer it in acknowledgment of thy supreme dominion over me and all creatures. I offer it in expiation of my sins, in thanksgiving for all thy benefits. I offer it to obtain from thy infinite goodness, for my parents, benefactors, friends, and enemies, all those precious gifts and graces which only through him can be obtained, who is JUST by excellence, and who became a victim for the sins of men. I earnestly

entreat thee to bless and protect the holy Catholic Church, our chief pastor the Pope, our Bishops and Clergy, the Queen and Royal Family, and all our fellow-subjects of every denomination. Remember also, O Lord, the souls of the faithful departed, and grant them, through the merits of thy Son, eternal light and peace. Have mercy upon all heretics, infidels, and sinners. Bless and preserve all mine enemies; and as I freely forgive them the injuries they have done, or mean to do me, so do thou, in thy mercy, forgive me mine offences. Amen.

At the Preface.

DO thou thyself, O Lord, raise up my heart; inflame it with thy love, and free it from all earthly affections; let it rest in heaven, where thou my

treasure art, and on this altar also, where thou art going to present thyself to thy eternal Father for our sake. As my life, O Lord, is a continual succession of thy favours, so let my thanksgivings be also uninterrupted. And since thou art going to renew the greatest of all sacrifices, should not I also offer thee a prayer of praise and thanksgiving? Permit me, then, O Lord, to join my feeble voice with the host of heavenly spirits, and to exclaim with them in transports of joy and admiration: "*Holy, holy, holy, Lord God of Sabaoth: the heavens and the earth are filled with thy glory. Blessed is he who cometh in the name of the Lord; Hosanna in the Highest!*"

At the Canon.

O FATHER of mercy, graciously receive this most

holy sacrifice, which we offer to thee by the hands of thy priest, in union with that which thy beloved Son offered thee during his whole life, at his last supper, and on the cross. Look down on thy Christ, thy dearest and only-begotten Son, "in whom thou art always well pleased;" and by the infinite merits of his incarnation, nativity, tears, labours, sufferings, and death, have mercy upon me, and upon all those for whom I ought to pray [*here name the particular persons*]; my parents, brethren, friends, benefactors, relations, and those who have injured me, or whom I may have injured. I also beseech thee to guard, prosper, and extend the holy Catholic Church; to pour down thy blessings upon our chief pastor the Pope, upon the Bishops and all the Clergy; enlighten and guide them in the

way of salvation. Bless and preserve the Queen and all the Royal Family. Look down upon us all, I beseech thee, O Lord, with eyes of mercy and compassion. Bring us all to the perfect practice of a holy and virtuous life here, and to the possession of thy eternal glory hereafter. May we all know thee; may we all please thee perfectly; may we fear, love, and glorify thee; through the same Jesus Christ, who, with thee and the Holy Ghost, liveth and reigneth one God, world without end. Amen.

GRANT me, O God, at this moment the ardent desires with which the holy patriarchs wished for the Messiah? Give me their lively faith and their ardent love? Come, Lord Jesus; come, sweet Redeemer of the world; come quickly to accom-

plish a mystery, which is greater than all thy other miracles. Thou art, Lord Jesus, the true Pastor of souls, who didst lay down thy life for thy flock. Thou art the Lamb of God, who didst die upon the cross to save us. Prostrate in spirit before thee, I desire to praise and bless thee, both now and for ever. Amen.

At the Elevation of the Host.

HAIL, Victim of Salvation, eternal King, incarnate Word, sacrificed for me and all mankind! Hail, precious Body of the Son of God; sacred flesh, torn with nails, pierced with a lance, and bleeding on a cross for us poor sinners! O let that tender love plead now in my behalf; let all my iniquities be here effaced, and my name be written in the book of

life. I believe in thee ; I hope in thee ; I love thee. To thee be honour, praise, and glory, from all creatures, for ever and ever. Amen.

At the Elevation of the Chalice.

HAIL, sacred Blood, flowing from the wounds of Jesus Christ, and washing away the sins of the world ! O cleanse, sanctify, and preserve my soul, that nothing in future may ever separate me from thee. Behold, O eternal Father, thy holy Jesus, and look upon the face of thy Christ, in whom thou art well pleased. Hear the voice of his blood crying out to thee, not for vengeance, but for mercy and pardon. Accept this divine oblation ; and through the infinite merits of all the sufferings that Jesus endured on the cross for our salvation be pleased to

look upon us, and upon all thy people, with an eye of mercy.

IT is now, O eternal Father, that we truly and really offer to thy divine Majesty, that pure, holy, and immaculate Victim which thou thyself hast been pleased to grant us, and of which all other offerings were only the types and figures. The sacrifices of Abel, of Abraham, and of Melchisedech, were of no value when compared to this. This glorious Victim, thy dear Son himself, the perfect object of thy eternal love, and alone worthy of thy altar, is an offering by so much the more precious than theirs, as God is greater than all creatures.

At the Pater Noster.

WHAT a happiness, O my God, to have thee for my

Father! How joyful to think that heaven, where thou art, is also to be my eternal dwelling-place! May thy name be glorified throughout the whole world! Reign, O Lord, over all hearts, affections, and desires. Refuse us not our spiritual and corporal food. We freely forgive others; do thou also forgive us. Support us in the trials and temptations of this life, and preserve us from sin, the greatest of all evils. Amen.

At the Agnus Dei.

O LAMB of God, sacrificed for my sake, have mercy on me! O adorable Victim of my salvation, look down on me and save me! Divine Mediator, obtain pardon of thy eternal Father for me a sinner, and mercifully grant me the sweets of thy peace. Amen.

At the Communion.

O THAT I were among the number of those whose sanctity allows them to communicate daily! What a happiness, O my God, could I at this moment erect a throne for thee in my heart, pay thee my homage, lay open to thee my wants, and participate in the favours thou grantest to those who *really* and *worthily* receive thee. But since I am unworthy, do thou, O Lord, supply my want of proper dispositions. Grant the pardon of my manifold sins, which I detest from the bottom of my heart, because they displease thee. Look with compassion upon me, and purify my soul, that the ardent wish I now conceive to be united to thee by a worthy communion may be speedily accomplished. But until the arrival of so happy a moment, I earnestly entreat

thee, dearest Lord, that thou wouldst make me partaker of all those advantages which the communion of the priest may produce in thy people. By the efficacy of this life-giving sacrament increase my faith, strengthen my hope, revive in my soul divine charity, inflame my heart with thy love, that it may live for thee alone. Amen.

At the Benediction.

MOST holy and adorable Trinity, as it is by thee we began this sacrifice, so it is by thee we desire to conclude it. Suffer us not, therefore, O Lord, to depart hence without thy blessing. Give it to us by the ministry of thy priest. May it ever remain with us; may its influence always direct our actions; and may it be a sure

pledge of that final benediction which thine elect shall receive, when called by thee to thy kingdom of eternal glory. Amen.

At the last Gospel.

DIVINE Word, only Son of the Father, Light of the World, who camest from heaven to show us the way thither, I adore thy Majesty with most profound respect; I place my whole confidence in thee; I most firmly hope that as thou art my God, a God made Man to save mankind, thou wilt grant me those graces which my sanctification may require, and also the enjoyment of thee in glory. Amen.

A Prayer after Mass.

I RETURN thee thanks, O my God, for permitting me to assist at this holy sacrifice,

in preference to so many others more worthy of so great a favour; and I hope that through thy great mercy thou wilt pardon me the faults which I may have here committed, either by my tepidity or inattention. Though I now return to my worldly employments, yet I will remember, through the course of the day, what thou hast here done for me; and I shall endeavour that no thought, word, or action of mine deprive me of the advantages of which I have now been a partaker. Amen.

Prayers

ORDERED BY OUR HOLY FATHER
POPE LEO XIII.,

*To be said kneeling, after the celebration
of Low Mass in all Churches of the
world.*

Hail, Mary, &c. [to be said thrice by
the Priest and People].

HAIL, holy Queen, Mother of Mercy,
hail, our life, our sweetness, and

our hope! To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy towards us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

V. Pray for us, O holy Mother of God,

R. That we may be made worthy of the promises of Christ.

Let us pray.

O GOD, our refuge and our strength, look down in mercy on Thy people who cry to Thee; and by the intercession of the glorious and Immaculate Virgin Mary Mother of God, of Saint Joseph her Spouse, of Thy blessed Apostles Peter and Paul, and of all the Saints, in mercy and goodness hear our prayers for the conversion of sinners, and for the liberty and exaltation of our holy Mother the Church. Through Christ our Lord. Amen.

Holy Michael Archangel, defend us in the day of battle; be our safeguard against the wickedness and snares of the devil—May God rebuke him, we humbly pray: and do thou, Prince of the heavenly host, by the power of God thrust down to hell Satan and all wicked spirits, who wander through the world for the ruin of souls. Amen.

Our Holy Father Pope Leo XIII. grants to all who recite the above Prayers an Indulgence of three hundred days.

Devotions for Confession.

Prayer before Examination of Conscience.

O MOST merciful God, I most humbly thank thee for all thy mercies unto me; and, particularly at this time, for thy forbearance and long-suffering with me, notwithstanding my many and grievous sins. It is of thy great mercy that I have not fallen into greater and more grievous sins than those which I have committed, and that I have not been cut off and cast into hell. O my God, although I have been so ungrateful to thee in times past, yet now I beseech thee to accept me, returning to thee with an earnest desire to repent, and devote myself to thee, my Lord and my God, and to praise thy holy Name for ever.

Receive my confession, and spare me, O most gracious Lord Jesus Christ, whom I, an unworthy sinner, am not worthy to name, because I have so often offended thee. Rebuke me not in thine anger, and

cast me not away from thy face, O good Jesus, who hast said that thou willest not the death of a sinner, but rather that he should be converted and live. Receive me, I beseech thee, returning to thee with a penitent and contrite heart. Spare me, O most kind Jesus, who didst die upon the cross that thou mightest save sinners. To whom shall I flee but unto thee, my only hope and my salvation? Have mercy upon me, O most gracious Lord, and despise not the humble and contrite heart of thy servant. Grant me, I beseech thee, perfect contrition for my sins, that I may detest them with the deepest sorrow of heart. Send forth thy light into my soul, and discover to me all those sins which I ought to confess at this time. Assist me by thy grace, that I may be able to declare them to the priest thy vicar, fully, humbly, and with a contrite heart, and so obtain perfect remission of them all through thine infinite goodness. Amen.

O most gracious Virgin Mary, beloved Mother of Jesus Christ my Redeemer, intercede for me to him. Obtain for me the full remission of my sins, and perfect amendment of life, to the salvation of my soul, and the glory of his name. Amen.

I implore the same grace of thee, O my angel guardian; of you, my holy patrons, N. N.; of you, O holy Peter and holy Magdalene, and of all the saints of God. Intercede for me a sinner, repenting of my sins, and resolving to confess and amend them. Amen.

An Examination of Conscience for those who confess their sins regularly and frequently, according to the threefold duty we owe to God, to our neighbour, and to ourselves.

I. IN RELATION TO GOD.

HAVE you omitted morning or evening prayer, or neglected to make your daily examination of conscience? Have you prayed negligently, and with wilful distractions?

2 Have you been negligent in the discharge of any of your religious duties? Have you taken care that those under your charge have not wanted the instructions necessary for their condition, or time for prayer, or to prepare for the sacraments?

3 Have you spoken irreverently of God and holy things? Have you

taken his name in vain, or told untruths?

4 Have you omitted your duty through human respect or interest, &c.?

5 Have you been zealous for God's honour, for justice, virtue, and truth, and reprov'd such as act otherwise?

6 Have you resigned your will to God in troubles, necessities, sickness?

7 Have you carefully avoided all kinds of impurity, and faithfully resisted thoughts of infidelity, distrust, presumption?

II. IN RELATION TO YOUR NEIGHBOUR.

HAVE you disobeyed your superiors, murmured against their commands, or spoken of them contemptuously?

2 Have you been troubled, peevish, or impatient when told of your faults, and not corrected them? Have you scorned the good advice of others, or censured their proceedings?

3 Have you offended any one by injurious words or actions, or given way to hatred, jealousy, or revenge?

4 Or lessened their reputation by

any sort of detraction, or in any matter of importance?

5 Have you formed rash judgments, or spread any report, true or false, that exposed your neighbour to contempt, or made him undervalued?

6 Have you, by carrying stories backward and forward, or otherwise, created discord and misunderstanding between neighbours?

7 Have you been froward or peevish towards any one in your carriage, speech, or conversation?

8 Or taken pleasure to vex, mortify, or provoke them?

9 Have you mocked or reproached them for their corporal or spiritual imperfections?

10 Have you been excessive in reprehending those under your care, or been wanting in giving them just reproof?

11 Have you borne with their oversights and imperfections, and given them good counsel?

12 Have you been solicitous for such as are under your charge, and provided for their souls and bodies?

III. IN RELATION TO YOURSELF.

HAVE you been obstinate in following your own will, or in

defending your own opinion in things either indifferent, dangerous, or scandalous?

2 Have you taken pleasure in hearing yourself praised, or acted from motives of vanity or human respect?

3 Have you indulged yourself in too much ease and sloth, or any way yielded to sensuality or impurity?

4 Has your conversation been edifying and moderate, or have you been froward, proud, or troublesome to others?

5 Have you spent over-much time in recreation or useless employments, and thereby omitted or put off your devotions to unseasonable times?

6 Have you yielded to intemperance, rage, impatience, or jealousy?

A Prayer for obtaining Contrition.

I HAVE now here before me, O Lord, a sad list of the manifold offences by which I have displeased thy divine Majesty, and which I am assured will appear in judgment against me, if I repent not, and my soul be not disposed, by a hearty sorrow, to receive thy pardon. But this sorrow, O Lord, this repentance, must be thy free

gift, and if it come not from the hand of thy mercy, all my endeavours will be in vain, and I shall be for ever miserable. Have mercy, therefore, on me, O Father of mercies, and pour forth into my heart thy grace, whereby I may sincerely repent of all my sins; give me a true contrition, that I may bewail my past misery and ingratitude, and grieve from my heart for having offended thee, so good a God. Permit me not to be deluded with a false sorrow, as I fear I have been too often, through my own weakness and neglect; but let it be now thy gift, descending from thee, the Father of lights, that so my repentance may be accompanied with amendment and change of life, and I may be fully acquitted from the guilt of all my sins, and once more received into the number of thy servants. Through Jesus Christ our Lord. Amen.

O most merciful and forgiving Lord, for the love of thee I forgive all who have ever offended me. I firmly resolve to forsake and flee from all sins, and to avoid the occasions of them; and to confess, in bitterness of spirit, all those sins which I have committed against thy divine goodness, and to love thee, O

my God, for thine own sake, above all things and for ever. Grant me grace so to do, O most gracious Lord Jesus.

An Act of Contrition.

O LORD Jesus Christ, lover of our souls, who for the great love wherewith thou hast loved us, willest not the death of a sinner, but rather that he should be converted and live: I grieve from the bottom of my heart that I have offended thee, my most loving Father and Redeemer, unto whom all sin is infinitely displeasing: who hast so loved me that thou didst shed thy blood for me, and endure the bitter torments of a most cruel death. O my God! O Infinite Goodness! would that I had never offended thee. Pardon me, O Lord Jesus, most humbly imploring thy mercy. Have pity upon a sinner for whom thy blood pleads before the face of the Father.

O most merciful and forgiving Lord, for the love of thee I forgive all who have ever offended me. I firmly resolve to forsake and flee from all sins, and to avoid the occasions of them; and to confess,

in bitterness of spirit, all those sins which I have committed against thy divine goodness, and to love thee, O my God, for thine own sake, above all things and for ever. Grant me grace so to do, O most gracious Lord Jesus. **Amen.**

Prayers after Confession.

ACCCEPT, O Lord, I beseech thee, this my confession, and mercifully pardon all my deficiencies, that, according to the greatness of this mercy, I may be fully and perfectly absolved in heaven; who livest and reignest with the Father and the Holy Ghost, &c.

O ALMIGHTY and most merciful God, who, according to the multitude of thy tender mercies, hast vouchsafed once more to receive thy prodigal child, after so many times going astray from thee, and to admit me to this sacrament of reconciliation; I give thee thanks with all the powers of my soul for this and all other mercies, graces, and blessings bestowed on me; and prostrating myself at thy sacred feet, I offer myself to be henceforth for ever thine. Oh, let nothing in life or death ever separate me from

thee. I renounce with my whole soul all my offences against thee, and all the abominations and sins of my past life. I renew my promises made in baptism, and from this moment I dedicate myself eternally to thy love and service. Oh, grant that for the time to come I may abhor sin more than death itself, and avoid all such occasions and companies as have unhappily brought me to it. This I resolve to do, by the aid of thy divine grace, without which I can do nothing. I beg thy blessing upon these my resolutions, that they may not be ineffectual, like so many others I have formerly made; for, O Lord, without thee I am nothing but misery and sin. Supply also, by thy mercy, whatever defects have been in this my confession, and give me grace to be now and always a true penitent, through the same Jesus Christ thy Son. Amen.

A Thanksgiving after Confession.

I RETURN unto thee, O Lord Jesus, and give thee thanks that thou hast been pleased to cleanse me from the foul leprosy of my sins. Blessed be thy name, O Lord, for ever and ever. Truly thou art a

Saviour who rejectest none that come unto thee seriously desiring to repent, but receivest them into thy favour, and numberest them with thy children. I acknowledge and adore thy mercy, and dedicate myself wholly to thy service. Assist my weakness, and suffer me not again to fall into my past sins and to be separated from thee; but so bind my heart and soul to thee with the cords of thy love, that I may say with the Apostle, "Who shall separate me from the love of Christ?"

Devotions for Communion.

An Act of Faith.

MY Lord and Saviour Jesus Christ, I firmly believe that thou art really present in this holy sacrament; I believe it contains thy body and blood, thy soul and divinity. I acknowledge these truths; I believe these wonders; I adore thy power which has wrought them; I praise thy infinite goodness, which has prepared them for me; and with David, "*I will praise thee, my God, with my whole heart, and will recount all thy admirable works; I will rejoice in thee, and bless thy holy name.*" Grant, O Jesus, that I may approach thee with such a profound sense of reverence and humility as is due to thy infinite Majesty. Who am I, O God, that thou shouldst work such wonders for my sake? Grant, O Lord, that I be not altogether unworthy of them, and that I may now receive